

A day at Aspris College North Wales: through my eyes

Join one of our students as they guide you through a typical day at Aspris College North Wales. What to expect when you arrive for the day, who you'll talk to and what activities you might do throughout the day.

Arrival at college

Every morning at Aspris College North Wales I arrive in a taxi. Then my support worker comes to find me. I am then ready to start the day with a smile and think 'I can do this!'.



My classroom

My classroom is somewhere I feel safe, regardless of my mood. There are 4 students in my group, so it means I get lots of help from the support workers and my tutor.

My learning

During my learning and courses, I have learnt that I can do anything I put my mind to and be open about how I feel with my tutors and my friends.



Exploring

We go out into the local community so I can practise my independence skills. I like going to the supermarket to do the shopping for our weekly cooking sessions.

Varied lessons

We learn essential skills and also, I like 'power hour' where we get to compete in our house teams for house points. I also get to cook and learn how to look after myself.

Positive changes

Coming to the college from school was scary and exciting after difficult experiences at school. But, overtime my college has helped me to be myself and my independence has increased. I realise that I can deal with anything life throws at me.



New starts

Because of my autism, sometimes I cannot cope with change. Aspris College North Wales has taught me that change can be good. Life would be boring if things were always the same.

