

SALT TIP OF THE WEEK



Pausing with Purpose

Before repeating the question, changing the wording, or offering another prompt, try giving them a little more time.

Many of our students need longer to process what they have heard, understand what is being asked, decide how they want to respond, and communicate that response.

This week, try asking or saying something once, then pause. Resist the temptation to fill the silence, repeat yourself, or jump in too quickly.

That pause might feel long to us, but it can give a student the space they need to process and respond independently.

Communication doesn't always happen immediately. Sometimes, the most supportive thing we can do is simply wait.

Say less. Pause more. Give communication time to happen.