

# **Kingsbrook School**

*'A unique service for unique young people'*

## **Relationships and Sex Education Procedure**

---

### **Kingsbrook School**

Southburgh

Thetford

Norfolk IP25 7TJ

**31<sup>st</sup> August 2025**

**Review: 30<sup>th</sup> August 2026**

<b>Local Procedure Title</b>	Relationships and Sex Education
<b>Site</b>	Kingsbrook School
<b>ECS Policy number and title</b>	ECS 20 Relationships and Sex Education
<b>Local Procedure template reference</b>	ECS LP 20
<b>Local Procedure date</b>	31 <sup>st</sup> August 2024
<b>Local Procedure review date</b>	30 <sup>th</sup> August 2025
<b>Local Procedure Author(s)</b>	Ursula Castillo
<b>Local Procedure Ratification</b>	Checked and Approved by: Charlie Rivers (QIL)

### **1. Context**

From September 2020, it was compulsory for all schools to offer Relationships and Sex Education (RSE) as part of their curriculum. At Kingsbrook, we understood that some students may find RSE lessons difficult to contend with, either through embarrassment, historic traumatic experiences or arriving at school with pre-conceived ideas and/or misconceptions that have formed the basis of their understanding to date. Any student who has experienced trauma and abuse the delivery of RSE will be discussed and monitored by the education and the therapy team at Kingsbrook School.

This Local Procedure supplements and should be read alongside the Priory RSE Policy (ECS LP 20) which is available both on our website and on request in the usual way. This RSE Procedure is available to view on Kingsbrook School's website and can also be sent to parents/carers at their request. A copy of the RSE procedure is held in the Head of School's office for staff and students to view.

### **2. Intent:**

At Kingsbrook School, the principal intent of the Relationships and Sex Education is to enable students to acquire knowledge and understanding upon the different types of relationships we form and to ensure they can make informed decisions, keep safe and to understand that they have choices. We aim to develop an understanding and acceptance of sexual preferences that may differ from their own.

### **3. Implementation:**

Our RSE Curriculum is delivered to all year groups from Reception Year to Key Stage 4. This ensures we can deliver RSE from any starting point based upon a student's prior learning and existing knowledge. RSE is taught within each group of mixed gender.

Monitoring and evaluation of progress made towards the RSE curriculum is through our 'I Can' statements which are used with other subjects at the school. The 'I Can' statements can be broken down further into the student's weekly learning targets. Formative assessments will be used to ascertain a student's existing knowledge to effectively plan and deliver lessons that build upon this knowledge and thus be tailored specifically to an individual student's learning needs. Summative assessments will be used to ascertain the knowledge and therefore progress a student has made at the end of each specified area taught.

All teaching staff are responsible for the delivery of the RSE curriculum and in addition to this we have a named RSE Lead who supports the teachers to ensure content taught is current. The RSE Lead has links to local services such as the Terrence Higgins Trust where additional resources and services can be accessed. Training to support staff in the delivery of RSE is also accessed via the Terrence Higgins Trust. The Head of School has overarching responsibility for the content, delivery and progress made towards the RSE curriculum. RSE lessons will be monitored as part Kingsbrook School's monitoring of teaching and learning schedule.

<p><b>4. Impact:</b></p>
<p>Through the RSE Curriculum, students will gain an understanding of the complexities of relationships and that the 'nuclear' family is just one example of a variety of family units. Students will cover both the relationship and physiological aspect of sex. These will be explored by students covering the following areas in Kingsbrook School's RSE curriculum:</p> <ul style="list-style-type: none"> <li>• Family and Friendships</li> <li>• Growing and Caring for Ourselves</li> <li>• Differences</li> <li>• Valuing Difference and Keeping Safe</li> <li>• Growing Up</li> <li>• Puberty, Relationships and Reproduction</li> <li>• FGM</li> <li>• Respect and Equality</li> <li>• Body Knowledge</li> <li>• Relationships</li> <li>• Sexual Activity and Behaviour</li> <li>• Contraception and Sexual Health</li> <li>• Relationships and Sex within Culture and Society</li> </ul>
<p><b>5. Review Process</b></p>
<p>The RSE procedure will be reviewed by the Head of School annually on the 30th August, at a minimum, unless, changes in guidance require the RSE procedure to be reviewed sooner, or, with increased frequency. For Parent/Carer involvement see 6. Below</p>
<p><b>6. Parent and Carer contribution and the right to withdraw a child from RSE</b></p>
<p>Please be assured that the RSE curriculum will be delivered with sensitivity and understanding of the potential impact this may have upon a student. Staff will endeavour to deliver the RSE curriculum whilst maintaining every student's emotional well-being.</p> <p>If, however, as a parent/carers, you do not feel it is appropriate for your child to receive RSE as part of their curriculum, you do have the right to withdraw your child from this aspect of the curriculum and an alternative lesson/subject will be offered.</p> <p>If you wish to withdraw your child from RSE lessons please email the Head of School stating your request and your reasons for withdrawal at the following email address:  <a href="mailto:ursulacastillo@aspriscs.co.uk">ursulacastillo@aspriscs.co.uk</a></p> <p>Contribution from, and, consultation with, parents/carers, staff and students during the review process (see 5. Review Process above) is actively encouraged and welcomed. Developing a 'shared' procedure enhances the continued high standard of RSE delivery across Kingsbrook School and ensures that the delivery of RSE remains appropriate to the needs of our students.</p>

**Local Procedure Review History:**

Date Reviewed	Reviewer	Summary of revisions