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# **Kingsbrook School**

*'A unique service for unique young people'*

## **Student Dress Code Procedure**

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### **Kingsbrook School**

Southburgh  
Thetford  
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## **Kingsbrook School – Student Dress Code Procedure**

Kingsbrook School purposefully does not have a school uniform as it is recognised with the many sensory needs our students have can make wearing and complying to strict uniform a distressing experience. It can make the start to the day a challenge for not only the student, but, also their parents/carers who are trying to encourage and cajole their child into wearing it. Wearing a school uniform is a frequently asked question by new students looking to start Kingsbrook School. The general feedback once told they do not, is one of relief not just as a result of 'fashion', but, it is focused upon the dislike of the texture and 'feel' of material, collars and ties too close to their skin and feeling over dressed and overheating when having to comply to when you can or cannot remove blazers and/or jumpers. All the above does not make for a positive start to the school day. It is our aim to achieve positive starts to the school day and eliminate as many factors as possible as to why a previous mainstream placement was difficult to sustain.

It is also recognised that school uniform can be an additional financial burden upon parents and carers. The financial expense and the difficulties parents/carers face when shopping with their child who will only wear certain clothes, with specified textures whilst still trying to conform to a school's strict uniform is an additional stress and pressure we do not wish to place parents or carers. This was another deciding factor to choose not to have a school uniform.

That said; although we do not have a school uniform there is a basic standard of dress and expectation upon our students, parents and carers that students will come to school clothed in appropriate and 'fit for purpose' items of clothing. This procedure outlines these expectations:

### **Dressed for the Weather Conditions:**

It is expected that students will arrive to school with clothing that is appropriate to the weather conditions and temperature. This includes ensuring students arrive to school with a coat during colder days, a waterproof jacket if raining, suitable layers that can be removed during warmer temperatures. If possible a spare change of clothes if any items become wet or soiled as a result of outdoor activities and/or animal care/horticulture responsibilities.

### **Jewellery**

Stud style earrings are permitted but it is requested that large hoop style earrings and 'dangly' earrings are not worn for school. This is for Health and Safety reasons as they could easily become caught and as a consequence cause damage to the lobe, during PE, break times and in the unfortunate event of a physical intervention.

## **Trousers**

Trousers need to have secure waistbands but that require minimal help from staff when your child needs to go to the toilet. Waistbands should be high enough to ensure undergarments are not visible.

## **Shorts**

Shorts, similarly to trousers, need to have secure waistbands but that require minimal help from staff when your child needs to go to the toilet. Waistbands should be high enough to ensure undergarments are not visible.

Shorts are to be a minimum length of to the knee; no upper leg should be visible.

## **Skirts**

Skirts are to be loose fitting and a minimum length of to the knee. Tights are required when wearing skirts to ensure dignity is maintained at all times. Tights need to be dark in colour and a thickness that means legs are not visible through the material.

## **Dresses**

Dresses are to be loose fitting and a minimum length of to the knee, maximum length mid-calf. Tights are required when wearing dresses to ensure dignity is maintained at all times. Tights need to be dark in colour and a thickness that means legs are not visible through the material. Dresses are required to be an appropriate neckline height; the minimum height for a collar is the collar bone.

## **T-Shirts and Tops**

It is asked that T-Shirts/tops that may have inappropriate wording or wording that may cause offence to others is not worn for school.

T-Shirts and tops are to be a minimum length of to the hip. No mid-drift/torso flesh should be visible. It is also asked that T-Shirts and tops are loose fitting.

T-Shirts and tops are required to be an appropriate neckline height; the minimum height for a collar is the collar bone.

T-Shirts and tops are to maintain appropriate body coverage; therefore, no undergarments and/or straps should be visible. This means items cannot be made from 'sheer' material, have low necklines, and do not have thin straps. This means vest tops and 'crop' tops are not deemed appropriate clothing for school.

## **Footwear**

Footwear is required to as waterproof as possible, has appropriate tread/grip and will allow for physical activity during break/lunch times and PE.

High heels are not permitted for Health and Safety reasons.

### **Activity Specific Clothing**

For lessons such as PE please ensure that the appropriate clothing is either worn or brought to school on this day. It is expected that parents/carers will take responsibility for their child's attire to include any additional supportive undergarments required for PE purposes.

### **A Shared Responsibility**

Ensuring your child is appropriately dressed for school is a joint responsibility between home and school. As a school we do have the expectation that parents/carers will ensure the dress code is adhered to.

As a school we will inform parents/carers of any items of clothing worn to school that do not comply with the dress code. You will be informed either via email or a telephone call and an explanation will be provided. We will not cause your child distress or embarrassment by bringing it to their attention. However, it will be expected that the parent/carer will ensure the item of clothing will not be worn to school again.