

# **Kingsbrook School**

*'A unique service for unique young people'*

## **Swimming Procedure**

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### **Kingsbrook School**

Southburgh  
Thetford

Norfolk IP25 7TJ

**31<sup>st</sup> August 2025**

**Review: 30<sup>th</sup> August 2026**

## **Swimming Aims**

It is our aim at Kingsbrook School is to provide all our students with the opportunity to participate in a swimming activity on a weekly basis.

We want our students to learn safety water skills, exercise and to have fun. Each student who attends swimming will be set weekly targets to progress and improve upon their existing swimming ability, levels of confidence in the water and to learn how to keep themselves safe.

## **Health Needs**

Any student with an ongoing health condition such as asthma will be required to bring their medication, should it be required in an emergency with them. It will be the responsibility of the accompanying staff to ensure that any required medication will be taken to the designated swimming establishment.

Any student that has experienced sickness or diarrhoea within the last 48 hours will not be offered the opportunity to swim.

It is expected that students will have attended to their personal hygiene the morning prior to swimming and if not, will be encouraged by staff to use the showering facilities at the swimming pool.

## **Ensuring Student Safety**

Swimming will only be offered if adequate staffing levels allow for this and this includes having male and female members of staff available.

One member of staff who is Life Guard Trained and their training is up to date will be present in the water at all times. If this member of staff is not available then the decision will be made by the Head of School, that swimming cannot take place until the fully trained member of staff is present.

The ratio of staff to students will follow each student's individual staff ratio as per their placement in school, though additional staff will be assigned to the swimming pool as per below.

If a student mixed sex swim, the aim will be for one male and one female member of staff in the water (one of which will be Life Guard Trained) with one member of staff on the pool side as a minimum.

If a single sex swim, one member of staff who is Life Guard trained in the water and one on the side. If the single sex swim constitutes males, then one male member of staff must be present either in the pool or on the pool side as a minimum

If the single sex swim constitutes females, then one female member of staff must be present in the pool who is Life Guard Trained and one female on the pool side as a minimum

Additional staff and mix of male and female staffing will be liable to change based upon risks of students, vulnerabilities of students and the number of students in the pool.