

Strathmore College

PSHE Protocol



Strathmore
College

Our Values

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|  | Celebration of Uniqueness What makes us different is our superpower. |
|  | Growth Nurturing the strength to grow and succeed. |
|  | Respect Respect for each other and the world we live in. |

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Written by: Lucy Brundrett-Lovatt
Position: Assistant Principal

Review date: August 2026
Review by: Danielle Samuel
Position: Principal

Overview

The college is committed to developing PSHE (Personal, Social, Health and Economic) education with the aim of promoting learners' knowledge, self-esteem, resilience, emotional wellbeing and supporting them in forming and maintaining positive friendships and relationships. Within the college the PSHE curriculum is tailored to suit the needs of all learners, ensuring all topic areas cater to different levels of ability and understanding.

According to the PSHE Association (2019) PSHE develops learners' knowledge, skills and attributes so they can keep themselves healthy and safe and prepare for life and work in modern Britain. Evidence suggest PSHE programmes can impact on academic and non-academic outcomes, especially for the most vulnerable and disadvantaged.

Intent

Our intent is to provide a range of opportunities for all learners to develop their decision making, informed risk taking, good communication and self-regulation techniques. We encourage the incorporation of British Values throughout the curriculum, as well as driving discussions in exploring their own values and attitudes allowing difference of opinion to be explored in a safe environment. Not only will our learners explore these topics within their tutorial time, but in their wider sessions where the topics naturally present themselves within varying contexts.

We, as a college aim to equip our learners with the knowledge and skills required to fulfil a healthy, safe and productive adult life.

Implementation

Learners receive a 1 hour tutorial lesson on PSHE each week and are taught from a set curriculum tailored to each level of need. Topics are covered on a half termly basis to ensure full understanding and allow rich discussions to take place. As a college we take note of any local or national safeguarding issues, should these be relevant to our learners the curriculum is flexible enough for these issues to be a priority.

The college is building links with external providers to develop a wider knowledge and understanding of different topic areas for both staff and learners.

Initial assessment

At the start of each topic area, learners are asked to complete a baseline assessment which will be differentiated for all levels of need to establish what they already know. Whether this will be a mind map or pictorial. This is then reviewed at the end of the topic to check their knowledge. Learners are then asked to complete a self-assessment at the end of term recapping on anything they have learned through the topic. Alongside this, learners are given a knowledge quiz recapping on the previous weeks learning at the start of each session, these are all kept as proof of learning. Assessment is essential to demonstrate learning, however there is no expectation for our learners to complete any formal written assessment but rather the mind map and quizzes previously mentioned.

Teaching and learning

The PSHE curriculum has been devised by two PSHE leads and is delivered across all teams by designated staff.

Tutors of PSHE will ensure that:

- Where possible assistive technology is used creatively to support learning.
- Meaningful conversations take place during topics to aid all learners in their development.
- All discussions take place in a safe and controlled environment.
- Sessions are planned to reinforce and develop knowledge and understanding of all topic areas that are essential as learners transition into adult life.
- All external speakers are to be sourced and appropriately DBS checked before coming to site and supervised when delivering talks.

Staff training and development

The PSHE team meet regularly basis and share advice, planning and guidance. The PSHE team is working on ensuring further training for all of those involved.

Quality Assurance

As part of our college curriculum, PSHE is quality assured. Quality assurance activities include, but are not limited to - learning walks, observations of learning, feedback from learners, internal and external auditing.

Self-evaluation is captured in course reviews and informs the college. Self-annual report and quality improvement plans.