

WEEK 1		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MAIN MEAL	Spaghetti Bolognaise Gluten, Celery	Chicken Burger in a bun Milk, Gluten	Honey Roast Gammon Gluten, Celery, mustard	Creamy Chicken, Bacon & Leek pie Milk, Gluten, mustard, eggs	Fish Cakes Gluten, Wheat, Fish
	VEGETARIAN OPTION	Macaroni Cheese Milk, Gluten, Mustard	Veggie Burger Milk, Gluten	Quorn Sausage wrapped in puff pastry Gluten, Milk, Celery, Wheat, Egg	Roast vegetable Loaf Milk, Gluten, eggs	Veggie Nuggets Gluten eggs
	VEGETABLES	Sweetcorn Peas	Baked Beans sweetcorn	Roast Potatoes Carrot, Cauliflower Cheese Gluten, Milk, mustard	Mashed Potato Medley of vegetables milk	Chips Peas Baked Beans
	SALAD	Ham or Cheese Selection of Salads Gluten, Milk, Egg	Chicken or Cheese selection of salads Gluten, Milk, Egg	Tuna or Cheese Selection of Salads Gluten, Milk, Egg, Fish	Eggs or Cheese Selection of Salads Gluten, Milk, Egg	Cheese Selection of Salads Gluten, Milk, Egg
	JACKET POTATO	With Salad of the Day Gluten, Milk, Egg	With Salad of the Day Gluten, Milk, Egg	With Salad of the Day Gluten, Milk, Egg	With Salad of the Day Gluten, Milk, Egg	With Salad of the Day Gluten, Milk, Egg
	JACKET POTATO	With Beans/Cheese Milk	With Beans/Cheese Milk	With Beans/Cheese Milk	With Beans/Cheese Milk	With Beans/Cheese Milk
	DESSERT	Low Sugar Caramel Whip Yoghurts, Fruit Milk	Yoghurts Fresh Fruit Salad Milk, Gluten	Syrup Sponge & Custard Yoghurts Fruit Gluten, Milk, eggs	Cookie Yoghurts Fruit Gluten, Milk	Mandarin Jelly and Ice Cream Yoghurts Fruit Milk

WEEK 2		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MAIN MEAL	Chilli Beef <u>Celery, Gluten</u>	Pepperoni Pizza <u>Milk, Gluten, Mustard, Soya Bean, Eggs, Wheat</u>	Roast Chicken and Stuffing Gravy <u>Egg, Celery, Gluten</u>	Cumberland Sausage with onion gravy <u>Gluten, Milk, Mustard, Eggs</u>	Fish Fingers <u>Gluten, Fish, mustard</u>
	VEGETARIAN OPTION	Vegetable Risotto <u>Milk, Gluten</u>	Mozzarella and Basil Pizza <u>Milk, Gluten</u>	Roasted stuffed peppers <u>Milk</u>	Quorn sausage with onion gravy <u>Milk, Gluten, celery</u>	Vegetable Fingers <u>Gluten, wheat</u>
	VEGETABLES	Peas Sweetcorn Rice	Jacket Wedges Baked Beans Sweetcorn	Roasted Potatoes Carrots Broccoli	Creamed Potato Cabbage Diced swede <u>Milk</u>	Chips Peas Baked Beans
	SALAD	Ham Cheese Selection of Salads <u>Gluten, Milk, Egg</u>	Mini scotch Eggs Cheese Selection of Salads <u>Gluten, Milk, Egg</u>	Tuna Cheese Selection of Salads <u>Gluten, Milk, Egg, fish</u>	Vegetable Quiche Cheese Selection of Salads <u>Gluten, Milk, Egg,</u>	Cheese Selection of Salads <u>Gluten, Milk, Egg</u>
	JACKET POTATO	With Salad of the Day <u>Gluten, Milk, Egg</u>	With Salad of the Day <u>Gluten, Milk, Egg</u>	With Salad of the Day <u>Gluten, Milk, Egg</u>	With Salad of the Day <u>Gluten, Milk, Egg</u>	With Salad of the Day <u>Gluten, Milk, Egg</u>
	JACKET POTATO	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>
	DESSERT	Low Sugar Strawberry Whip Yoghurts or Fruit <u>Milk</u>	Yoghurts Fresh fruit <u>Milk</u>	Apple Crumble and Custard Yoghurts and Fruit <u>Gluten, Milk</u>	Chocolate School Cake Yoghurts Fruit <u>Milk, Gluten, Soya</u>	Jelly and Ice Cream Yoghurt fruit <u>Milk</u>

WEEK 3		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MAIN MEAL	Chicken Masala <u>Gluten, Milk</u>	Hot dogs with fried onions <u>Gluten, soya</u>	Roast Pork and Stuffing Gravy <u>Gluten, Celery</u>	Shepherd's pie <u>Gluten, Milk</u>	Cod Goujons <u>Gluten, Wheat, Fish,</u>
	VEGETARIAN OPTION	Vegetable Korma <u>Gluten, Milk</u>	Quorn sausage in a roll <u>Gluten, Milk, eggs</u>	Vegetable wellington herbed gravy <u>Gluten, Milk, Egg</u>	Vegetable Cottage pie with cheese topping <u>Gluten, Milk</u>	Veggie Burger <u>Gluten, Milk</u>
	VEGETABLES	Rice Peas Sweetcorn	Wedges Baked Beans Sweetcorn	Dry Roasted Potatoes Carrots Broccoli	Green beans Sweetcorn <u>Gluten, Milk</u>	Chips Mushy Peas Baked Beans
	SALAD	Ham or Cheese Selection of Salads <u>Gluten, Milk, Egg</u> <u>mustard</u>	Eggs or Cheese Selection of Salads <u>Gluten, Milk, Egg&</u> <u>Tuna</u>	<i>Tuna</i> <i>Cheese</i> Selection of Salads <u>Gluten, Milk, Egg&</u> <u>mustard</u>	Tandoori Chicken Cheese Selection of Salads <u>Gluten, Milk, Egg</u> <u>mustard</u>	Cheese Selection of Salads <u>Gluten, Milk, Egg</u> <u>mustard</u>
	JACKET POTATO	With Salad of the Day <u>Gluten, Milk, Egg</u> <u>mustard</u>	With Salad of the Day <u>Gluten, Milk, Egg</u> <u>mustard</u>	With Salad of the Day <u>Gluten, Milk, Egg</u> <u>mustard</u>	With Salad of the Day <u>Gluten, Milk, Egg</u> <u>mustard</u>	With Salad of the Day <u>Gluten, Milk, Egg</u> <u>mustard</u>
	JACKET POTATO	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>	With Beans/Cheese <u>Milk</u>
	DESSERT	Chocolate Whip, Yoghurts, Fruit <u>Milk</u>	Fresh fruit salad Yoghurts, Fresh Fruit <u>Milk</u>	Rice pudding and jam Yoghurts and Fruit <u>Gluten, Milk</u>	Flapjacks Yoghurts and Fruit <u>Milk, Oats</u>	Jelly and Ice cream Yoghurts and Fruit <u>Milk</u>